# AMERICAN COLLEGIATE ROWING ASSOCIATION

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2016 All-Region and Regional Men's and Women's Coach of the Year

FOR RELEASE, Contact: Nathan Lantz, ACRA Awards Chair, wnlantz@gmail.com, 678 457 4861

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The American Collegiate Rowing Association proudly announces the All-Region teams and Regional Coaches.

Criteria used were: 2,000 meter testing scores, performance of their crew, career racing results, accomplishments and leadership within their team, individual performances and coach recommendation. Selections were made by the representative of each region. To be considered for this award, each individual's team must be an ACRA member and the coach must have submitted the candidate's name. Coaches of the Region were submitted by the ACRA membership and voted on by the coaches of the region. Congratulations to all those receiving these honors!

### **SOUTH**

<u>Men</u>	<u>School</u>	<u>Women</u>	<u>School</u>
Jack Olinde	Georgia Institute of Technology	Caitlin Brennan	Emory University
Joshua Johnston	Georgia Institute of Technology	Emma Hudson	High Point University
Karsten Holmquist	University of Georgia	Jami LeBlanc	Northwestern State University
Elliot Shain	University of North Carolina, Chapel Hill	Holly Smith	Northwestern State University
Chapin Nutter	University of North Carolina, Chapel Hill	Brittny Ostermann	University of Florida
Austin Fentress	University of North Carolina, Chapel Hill	Jessie Shearon	University of Georgia
Andrew Kress	Vanderbilt University	Yuna Pyun	Vanderbilt University
Griffin Meert	Vanderbilt University	Katie Chrisman	Vanderbilt University
Phoebe Castelblanco (cox)	University of North Carolina, Chapel Hill	Angelica Bryan (cox)	High Point University
Coach Hedgpeth	University of Georgia	Coach Bruce	Clemson University

## WEST

<u>Men</u>	<u>School</u>	<u>Women</u>	<u>School</u>
Benjamin Orem	Orange Coast College	Kristen Klein	Orange Coast College
Garinn Morton II	Orange Coast College	Caireliese Kennedy	Orange Coast College
Austin Hendrickson	University of California, Davis	Haley Perry	University of California, Santa Barbara
George Myring	University of California, Davis	Kristina Sestay	University of California, Santa Barbara
Cody Raphael	University of California, Santa Barbara	Rebecca Gronsdahl	University of California, Santa Barbara
Loren Bowers	University of California, Santa Barbara	Hali Meyer	University of Oregon
Scott Seymour	University of Oregon	Annie Gilbert	University of Oregon
Michael Marelli	Washington State University	Ashley Vu	Washington State University
Sarvi Sarvian (cox)	University of California, Davis	Sidney Cross (cox)	Washington State University
Coach Stahl	University of California, Santa Barbara	Coach Homes	University of California, Santa Barbara

#### **GREAT LAKES**

**School** Women **School** Men **Austin Gentry Grand Valley State University** Ellie Peebles **Grand Valley State University** Alexander Vincent Michigan State University **Brittany Gronda Grand Valley State University** Mark Fisher Ohio State University Christina Pavano **Grand Valley State University** Peter McHugh **Purdue University** Sarah Reis Marquette University Andrew Holm University of Illinois at Urbana-Champaign Jennifer Varallo Marquette University University of Michigan Kristina Hallof Ohio State University Alex Brown Mitch Tyson University of Michigan **Aubrey Welton Purdue University** Matthew DiDonato University of Notre Dame Beth Petrovic **Purdue University** Demi Shanahan (cox) University of Michigan Lydia Hall (cox) **Purdue University** Coach Hartsuff University of Michigan Coach Marcovy Case Western Reserve University

### **NORTHEAST**

**School** Men **School** Women JP Scaduto **Boston College Catherine Browning United States Military Academy** Matt Piekarski **Boston College** Annie Reidinger United States Military Academy **United States Military Academy** University of New Hampshire Dave Grossman Megan Mottle Matthew Kessenich University of Connecticut **Emily Lane** University of New Hampshire Reed Miller University of Massachusetts, Amherst Alison Smith University of New Hampshire Zack Weider University of New Hampshire Sarah Marchisio University of Vermont Ethan Dimmock University of Rochester Teresa Dotson University of Vermont University of Vermont Jacob Anmahian Shelby Hill University of Vermont David Desaulniers (cox) University of New Hampshire Jordan Duran (cox) **United States Military Academy** Coach Wyant United States Military Academy Coach Kiesling United States Military Academy

## **PLAINS**

<u>Scho</u>ol <u>Scho</u>ol Men Women David Meredith Kansas State University Sandy Fanghor Kansas State University **Thomas Jeffries** University of Colorado Jacquie Hemphill University of Colorado Jonathan Gragg University of Kansas Sarah Faust University of Colorado **Anthony Caruso** University of Kansas Juliette Manley University of Colorado **Lucas Bellows** University of Minnesota McKenna Douglass Wichita State University University of Minnesota Wichita State University Henry Zupke Melissa Daily Nicholas Dickovich University of Minnesota Valan Pollev Wichita State University Eric Gordon Wichita State University Kirsten Manson Wichita State University Chelsea Pinkerton (cox) Kate Cruz (cox) University of Colorado Wichita State University Coach Francklyn University of Colorado Coach Rinaldo University of Colorado

## **MID-ATLANTIC**

**School** Women **School** Men University of Virginia Isaac Mackey Cassie Calia Pennsylvania State University **Christopher Hastings** University of Virginia Coach Kelliher Lafayette College Scott Helgeson University of Virginia Riley Hazard University of Virginia William Pinamont **Bucknell University** Sam Jubb **Bucknell University** Ryan Thompson **Bucknell University** Doug Burney **Bucknell University** Jake Power (cox) University of Virginia Coach Wolleben **Bucknell University**